

Curbside Recycling:

How to Use the Cart

- Your Cart will be emptied every-other-week on **Thursday**.
- To ensure your cart gets emptied have it to the curb by **7AM**.
- After the cart has been emptied roll it back to the to its place off the street.
- Only recyclables **INSIDE** the cart will be collected.
- Please notify us if your cart is damaged, stolen or vandalized.
- If you have difficulty moving your cart please contact our office to discuss the options that are available to assist you.
- Please keep the cart clean and take care of it.
- Leave space between the cart and any obstruction.
- If you have any questions about how to use of your cart please contact our office.



To Print Service Calendars or Create a Service Reminder enter your address online @ www.regensdisposal.ca

Curbside Recycling



SINGLE STREAM

All Recyclables in One Cart!

1st Pickup Day is January 7th!

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Single Stream Recycling

No sorting!

All Recyclables in One Cart means no sorting, bagging or tying recyclables: place all material loose in your bin. Plastic bags are to be placed into one single bag and tied shut. Shredded paper should be bagged and tied shut as well.

PAPER FIBER MATERIALS - Do Not Bag or Tie

- Flattened corrugated cardboard and paperboard (i.e. empty cereal boxes, empty detergent boxes, empty tissue boxes) *placed loosely in the cart*
- Newspapers, flyers, inserts, junk mail
- Magazines, catalogues, paperback books, hardcover books with covers and spine removed
- Telephone books
- Gift and packing paper (except aluminum or shiny paper)

- Brown paper bags, tissue roll cores, gift and packing paper, paper egg cartons
- Shredded paper - *please bag*



CONTAINERS & GLASS - Clean and

Rinsed - Do Not Bag or Tie

- Aluminum soft drink & beer cans
- Household tin cans (**please rinse**)
- Milk cartons and jugs (**please rinse and remove caps**)
- Juice cartons, boxes and aseptic containers (**please rinse**)
- Plastic soft drink and water bottles (**please remove caps**)
- Place plastic shopping bags inside another bag and tie; includes clean plastic food wrap and clean plastic product wrap
- Household plastic containers and bottles - must have the recycling arrows with a number (**#1 through #7**) on the bottom. (A container with the arrows but no number means the container is made from recycled materials, but may not be recyclable itself and cannot be accepted)



- Glass liquor bottles - Household glass; clear, green or brown (please rinse and remove lids). No cups, dishes, ashtrays, window glass, mirrors, Pyrex, ceramics, light bulbs or crystal

DO NOT RECYCLE - If the following material is in the cart it will either unloaded or the cart will not be emptied

- Any bagged material (excluding shredded paper). This allows material to be sorted later in the recycling process and reduces the cost of processing
- Wax, food contaminated, or plastic coated cardboard, cups or paper plates
- Soiled tissues, napkins and paper towels or food waste of any kind
- Styrofoam or other foam packing
- Household garbage, organic, hazardous or regulated waste
- Medical waste or diapers
- Hazardous material such as paint, chemicals or solvents
- Ashes, dirt, concrete or other heavy materials
- Construction material such as boards, roofing materials and carpet
- Automotive parts, tires, oil filters or oil
- Propane tanks, electrical cords, batteries
- Clear plastic clam shell containers without recycling arrows and numbers 1 through 7
- Plastic Toys or Tupperware
- Outdoor lawn furniture